



# KEV COJ KOM NTSIB KEV NOJ QAB NYOB ZOO THAUM MUS KAWM NTAWV

*Kev tuaj mus kawm ntawv txhua hnuv tseem ceeb heev rau cov menyuam kev noj qab nyob zoo, kev koom tes thiab kev kawm.*

## YUAV TSUM XA COV MENYUAM MUS KAWM NTAWV YOG HAIS TIAS LAWV :

- Noj qab nyob zoo thiab tsis muaj mob
- Yeej koom ua tau tej yam uas ib hnuv rau ib hnuv yeej ua tau lis niaj zaus ua

## COV MENYUAM YEEJ MUS KAWM TAU NTAWV TXAWM YOG HAIS TIAS LAWV :

- tau khaub thuas mentsis, los ntswg thiab/los yog hnoos
- lam los kua muag tsis muaj kub taub hau, tsis mob qhov muag, los yog daim tawv muag tsis liab tsis mob qhov muag liab
- mob plab mentsis xwb
- muaj qe ntshauv. yog hais tias pom muaj ntshauv , yuav hais kom tus saib xyuas muab cov ntshauv ntawv tshem tawm tom qab lawb ntawv hnuv ntawd .
  - *Txawm yog ntshauv ua rau meem txom thiab yuav tsum tua cov ntshauv, tab sis muaj ntshauv xwb yeej tuaj mus kawm tau ntawv tsis txhob cia menyuam qhaj ntawv (Qhov nov yeej ua tau raws li kev coj los ntawm DPI, AAP, CDC, thiab DHS.)*
- Tsis muaj kub taub hau kub ib ce 24 xuab moo thiab tsis tau noj tshuaj kom txhob kub taub hau txho ua daus no rau lub sijhawm ntawd

Tsis txhob cia menyuam nyob hauv tsev tshwj hais tias yog lawv muaj mob loj mus kawm tsis tau ntawv. Thov mus saib nyob rau tom qab sab nraud ntawm daim ntawv nov kom paub meej dua. *Nco ntsoov: Nyob rau feem ntau, kuj tsis tas yuav tsum tau daim ntawv los ntawm kws kho mob thiaj li rov qab tuaj mus kawm ntawv tau .*



Tej zaum cov menyuam kuj tsis xav tuaj mus kamw ntawv vim yog lawv muaj kev txhawj kev ntshai. Tej uas muaj xws li:

- tsis tshua noj mov
- nkees nkees
- mob plab
- mob taub hau thiab lwm yam.

Yog hais tias koj txhawj txog koj tus menyuam uas nws pheej muaj kev nyuaj siab kev txhawj kev ntshai tsis xav mus kawm ntawv ces nrog koj tus menyuam cov kws qhia ntawv, cov kws pab kuaj mob hauv tsev kawm ntawv, tsev kawm ntaws tus Social Worker, los yog lwm tus neeg ua haujlwm hauv tsev kawm ntawv sib tham txog tej kev cov nyom kom paub nrhiav kev pab kom koj tus menyuam tuaj mus kawm ntawv txhob qhaj ntawv .

# TEJ YAM UAS VIM LI CAS THIAJ LI CIA MENYUAM NYOB HAUV TSEV TSIS MUS KAWM NTAWV THIAB YUAV TSUM UA LI CAS UA NTEJ LAWV THIAJ LI ROV QAB TUAJ MUS KAWM NTAWV TAU

KEV MOB	THAUM TWG THIAJ LI YUAV TSUM CIA KOJ TUS MENYUAM NYOB HAUV TSEV ?	THAUM TWG KOJ TUS MENYUAM THIAJ LI ROV QAB TUAJ MUS KAWM NTAWV TAU ?
<b>Kub ib ce</b>	lawv muaj kub ib ke txog 100.0°F (38°C) los yog siab dua .	Yog thaum twg lawv tsis kub ib ce li ntawm 24 xuab moo lawm uas tsis tas noj tshuaj kom txhob ua daus no thiab zoo zog lawm.
<b>Ntuav thiab/los yog zawv plab</b>	Yog hais tias lawv ntuav thiab raws plab 24 xuab moo tas los, yog lawv cov quav ua kua dej ua rau lawv mus tsis ncav sijhawm siv hoob nab .	Yog thaum lawv noj zaub noj mov haum lawm li 24 xuab moo lawm thiab lawv zoo zog lawm .
<b>Hnoos</b>	Yog hais tias lawv pheej ib sij hnoos tsis tu ncu nrog rau ua pa nyuaj los yog ua daus no.	Yog thaum twg lawm zoo zog lawm thiab txawm hnoos los tsis muaj dab tsis cuam tshuam lawv thiab lwm tus .
<b>Ua pob sawv pob</b>	Yog hais tias ua pob sawv hlwv, muaj kua, mob heev, thiab huam ntau ntxiv, thiab los yog muaj ua daus no nrog yuav tsum koj mus ntsib kaws kho mob	Yog thaum twg cov pob tsis muaj lwm lub pob sawv ntxiv lawm, qhuav lawm, thiab tus kws kho mob pom tau hais tias cia rov qab mus kawm ntawv tau lawm .
<b>Mob qa</b>	Yog hais tias lawv nqos zaub mov nyuaj thiab mob thaum haus dej los youg thaum noj mov nrog rau kev muaj mob xws li ua daus no los yog ib ce sawv pob	Yog thaum twg lawm zoo zog lawm. Yog hais tias lawv tau noj tshuaj tua kab mob los ntawm tus kws kho mob, lawv rov qab tuaj mus kawm ntawv tau 24 xuab moo tom qab lawv noj tshuaj thawj zaug, yog hais tias lawv tsis muaj ua daus no thiab lawv zoo zog lawm.

Yog hais tias koj tsis paub xyov yuav cia koj tus menyuam mus kawm ntawv los tsis cia mus los yog muaj lus nug dab tsis txog ib yam twg txhawj xeeb txog koj tus menyuam kev noj qab nyob zoo, tiv tauj mus rau koj tus kws kho mob, tej chaw khob mob nyob rau hauv lub zej lub zos, los yog tus na maum nurse pab saib kev mob nkeeg nyob rau hauv tsev kawm ntawv.

Yog hais tias koj tus menyuam yog ib tug uas pheej muaj mob yooj yim los yog muaj qhov teeb meem nyuaj rau tej nyuag mob uas sawv daws pheej muaj, thob nrog koj tus menyuam lub tsev kawm ntawv tus nurse saib kev noj qab nyob zoo sib tham kom nrog koj npaj kev pab rau koj tus menyuam thiab nrog rau koj tus kws kho mob ua kom koj tus menyuam ntsib kev noj qab nyob zoo thiab muaj kev nyab xeeb thaum tuaj mus kawm ntawv